Jennifer Haigwood is a North Carolina native and has spent most of her life in the Raleigh area. She is a graduate of N.C. State University. Haigwood has worked for the N.C. Department of Labor since January 2006 and currently serves as the Director of Administration and Governmental Affairs. In that capacity, she coordinates all aspects of the department's communication with the General Assembly; provides advice and policy recommendations to the Commissioner of Labor and senior staff; and oversees the activities of the Commissioner's Office and the Commissioner's travel.

Haigwood serves on various statewide boards and commissions including the N.C. Human Trafficking Commission, the N.C. Commission of Indian Affairs and the Governor's Performance Management Advisory Committee.

Haigwood also enjoys serving her community through volunteer work with various organizations and Hayes Barton Baptist Church. In her spare time, Haigwood likes to spend time with her family and friends, read, exercise, and enjoy the outdoors.